



Ask Catriona

Q I want to shout my wheelchair-bound sister a holiday abroad for her 21st. She has always loved Asia. How do I plan for her needs? *Gina, Collaroy, NSW.*

A Gina, you're truly a beautiful sister. Someone you would have loved is my late friend and a true inspiration, Matt Laffan, a passionate traveller despite his disability. He adored the research that went into each trip and the many friends he'd make on his journeys. Read about his travels at www.mattlaffan.com.au

Now, I was recently sent a fabulous disabled travel guide to Hong Kong by an Aussie woman called Sarah Fuller. Sarah's father has been in a wheelchair for 18 years and this, combined with her love of Hong Kong – where she now lives – inspired her. Sarah's done a lot of on-the-ground research, so you can avoid surprises when you get there. Buy it at www.wheelawaydisabledtravel.com for around \$A30.

Other sites offering information and advice for special needs travellers include www.holidayaccessdirect.com and www.flying-with-disability.org
Have a fabulous holiday with your sister!